



# INside the OUTcomes: A Rehabilitation Research Podcast

## Intro Episode 9: Inclusive Disaster Planning

**SHARON PARMET, HOST:**

Cb 'h]g'Yd]gcXY'cZ=bglXY'h\Y'ci h\W'a Ygž=fí'hU\_`k ]h\`8Uk b'G\_U[ [ gžX]fYWhcf'cZYa Yf[ YbWhX]gUghYf'UbX'W]a UhY' fYg]']YbW\Uh'h\Y'K cf'X'=bgh]hi h\Y'cb'8]gUV]']hm'8Uk b'\Ug'a cfY'h\Ub'& m\YUfg'cZYI dYf]YbW\`Y'd]b[ 'cf[ Ub]nUh]cbgž W\fdcfUjh]cbg'UbX'[ c]Yfb a Ybh[U[ YbW\Yg'Ybgi fY'h\Uh'dYcd'Y'k ]h\`X]gUV]']h]Yg UfY']bW XYX']b'X]gUghYf'd'Ubb]b[ 'fYgdcbgY' fYW\j Yfm'UbX'fYg]']YbW\YZZcfhgž UbX'h\Uh'h\Y)f'ghfYb[ h\g'UbX'bYYXg'UfY'W\bg]XYfYX'UbX']bW XYX'Yj Yfm'ghYd'cZh\Y'k Um' K Y'W'a Y'hc'h\Y'dcXWUgh'8Uk b"

**DAWN:**

h\Ub\_`mci ž G\Ufcbz]hfg'fYU``m'b]W\`h\`VY'`YfY'"=UddfYWhUH\`h\Y']bj ]hUh]cb"

**SHARON:**

K Yfí'[ Yh'f][ \h]bhc' ]h''7Ub'mci 'Yi d'U]b'hc' i g'k \Uh'XcYg'h\Y'K cf'X'=bgh]hi h\Y'cb'8]gUV]']hm'Xc'UbX'k \c'XcYg']h'gYfj Y3''''

**DAWN:**

H\Ub\_gž'G\Ufcb"''H\Y'K cf'X'=bgh]hi h\Y'cb'8]gUV]']hm'g'UW\i U``m'h\Y'c'XYgh'W\bh]bi U``m'X]gUV]']hm'`YX'cf[ Ub]nUh]cb'']b'`h\Y'`I Gž' Zc' i bXYX' (\$ m\YUfg'U[ c'Vm'si Xm<Yi a Ubbž'xUb'@Ycbž'UbX'9X'FcVYfhg"5bX']h'\Ug'U[ 'cVU'`a ]gg]cb'hc'gYfj Y'UbX'dfcj ]XY' cddcfh' b]h]Yg'Zc' h\Y%'`V]'`]cb'dYcd'Y'k ]h\`U'X]gUV]']hm'Ufc i bX'h\Y'k cf'X''K Y'\Uj Y'gYj YfU'`\_Ym'ZcW g'UfYUg'cZci f' k cf'`K Y'Xc'U'ch'cZk cf'\_]b'fYgYUfW'UbX'dc']W\z'h\Uh'X]fYWh'dfUW\W'UbX']a d'Ya YbhUh]cb"5bX'k ]h\`b'`h\Uh'ghfUhY[ m'k Y' k cf'\_k ]h\`[ 'cVU'`W\`a a i b]hm'`bW\ g]cbž'UWWgg]V]']hm'UbX'i b]j YfgU'`XYg][ bž'UbX'X]gUghYf'`Ya Yf[ YbWh'UbX'W]a UhY' fYg]']YbW\''

**SHARON:**

5bX'h\Uhfg'k \YfY'mci 'Zh'`bž'f][ \h3'

**DAWN:**

9i UW\m'`M\U\`"

**SHARON:**

Gc'hY'''a Y'U'']h\Y'V]h'Uvci h\z'hY'''a Y'U'']h\Y'V]h'a cfY'Uvci h'k \Uh'mci 'Xc'h\YfY3

**DAWN:**

K Y''ž'`b\hYfYgh]b[ 'm'`h\Y'Ya Yf[ YbWhX]gUghYf'UbX'W]a UhY'fYg]']YbW\`Xca U]b'Uh'K =8'gYYa g'hc'`Uj Y'`h\UhWhYg]`bhc'`U'a cgh' Yj Yfmrh]b[ 'k Y'Xc''6YW\i gY'k \Yb'k YffY'cc\_]b[ 'Uh'[ 'cVU'`W\`a a i b]hm'`bW\ g]cbž'cf'UWWgg]V]']hm'`XYg][ bž'U''`cZ'h\Y'`h\`]b[ g' h\Uh'`UddYb']b'`U'X]gUghYf'UfY'Ub'Yi UW\`fVUh]cb'`UbX'U'a U[ b]Z\W\h]cb'`cZk \Uh'`UddYbg']b'`XU]`m'`jj ]b[ ''

Gc'k \Yb'k YffY'`h\`\_jb[ `Uvci h\h\Y'Ya Yf[ YbWhX]gUghYf'UbX'W]a UhY'fYg]']YbW\`k cf'ž'h\Uh'fYU``m'`g'ZcW gYX'`cb'`h\Y'`Z' `` gdYWhfia 'cZk \Uh'k Y'W\``h\Y'`]ZYgdUb'`cZU'X]gUghYf'`k \]W\`g'VYZcfY'Xi f]b[ 'z'Uh'f'UbX'h\Yb'a ]h][ Uh]cb'`cZU'X]gUghYf'`Gc'`j h' \Ug'U'fYUW\`bhc'`U'a cgh'Yj Yfmrh]b[ 'k Y'Xc''5bX'Ug'U'Xca U]b'`h\Uh'fYU``m'X]fYWh'`k \Uh'k YffY'Xc]b[ 'z'VYWh'`gY'k Y'UfY' k cf'\_jb[ 'k ]h\`jb'`dfY'X]gUghYf'd'Ubb]b[ 'z'dfYdUfUh]cbgž'fYgdcbgYž'fYWh'`Yfm'UbX'a ]h][ Uh]cb'`Gc'`dfYh\`ma i `W\`Yj Yfm'UgdYWh'`cZ XU]`m'`jj ]b[ ``\Ug'U'W\`a dc'bYbh'cZk \Uh'k Y'Xc"

**SHARON:**

<ck'`Xc'mci 'Yi UW\`m'k cf'\_k ]h\`X]Z\YfYb'h\W\`a a i b]h]Yg'Ufc i bX'h\Y'`c'VY'`h\`Ybgi fY'h\Uh'X]gUghYf'd'`Ubb]b[ 'UbX'fYgdcbgY' UbX'fYWh'`Yfm'XcYg']bW\`XY'`dYcd'Y'k ]h\`X]gUV]']h]Yg3'







hja Y hfU]bYfzVi hUgUhfi YYeijhUVYdUfhbYfzK\cfjVf]b[ ]b[ 'U'j YfmgdYWZ]Wgi VYWWh'a UhYfYI dYfh]gYhc'mci f'd'Ubb]b[ 'dfcWggz'hYb'hUh'dUb'XcYg'bch]bWi XY'dYcd'Y'k ]h[X]gUV]]h]Yg"

5bX'hYb'k YgYY'hYghUh]gh]Wg'hUh dYcd'Y'UfY'X]gdfcdc fh]cbU'm]a dUWYXz'hUh'hYmUfY'bch'UV'Y'hc'dUfh]WdUhY'hUh gYfj ]Wg'UbX'dfc[ fUa g'UfY'bch'UWVgg]V'Y''HUh'hYfY'g'bc'd'Ub'cf'hfU]b]b[ 'cf'\_bck'YX[ Y'cb'\ck'Yj UWUh]cbg'Wb'VY' ]bWi glj Y'\ck'g\Y'hYf]b[ 'b'd'UVW'ghfUhY[ ]Yg'Wb'VY']bWi g]j Y''5b'YI Ua d'Y'cZhUh'k Ug'gYYb'j YfmWYUf'm'a i 'h]d'Y' YI Ua d'Yg'cZhUh'k YfY'gYYb'j YfmWYUf'm]b[ 7CJ=8z'k \Yb'gca Y'cZci f'dYfgcbU'dfchYVh]j Y'dfcWggYg'hUh'k YfY'di h]b' d'UVWz'gi WU'Ug'a Ug\_]b[ 'UbX'gcWU'X]ghUhW]b[ 'z'UWU'U'm'dfcj YX'hc'VY'j YfmWU'Yb[ ]b[ 'Zcf'dYcd'Y'k ]h[X]gUV]]h]Yg'UbX' a UXy'hYa'a cfY'j i 'bYfUV'Y']b'chhYf'k Umg' DYcd'Y'k \c'fY']YX'cb'ZUWU'YI dfYgg]cbg'UbX'']d'fYUX]b[ 'z'k YfY'bch'UV'Y'hc' W'a a i b]WUhY'YZZWkj Y'm'dYcd'Y'k \c'fY']YX'cb'dYfgcbU'Ugg]ghUhW'gYfj ]Wg'hc'a U]bhU]b'hYf']bXYdYbXYbWz'W'e'Xbfh' \Uj Y'hUh'dYfgcb'W'a Y'hc'Wb]bi Y'hUh'gYfj ]W'UbX'k YfY'Uh'f]g\_['cZ']bgh]hi h]cbU'nUh]cb''CbW'']bgh]hi h]cbU'nYXz'dYcd'Y'