



This research study will explore the feasibility, usability, and efficacy of an online platform to track your exercise progress and communicate with your physical therapist remotely.

Participants in this research study will use their own wearable physical activity tracking devices or will be provided with one. Participation in this study will include:

- Baseline and 6-month Physical Assessments
- Online Surveys (three times)
- Linking your wearable physical activity tracking device to a Remote Therapeutic Monitoring platform
- Communicating with your physical therapist on the phone

For additional information and to see if you qualify for the study, please contact:

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The Shirley Ryan AbilityLab is an academic affiliate of Northwestern University Feinberg School of Medicine.

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