

# HiMAT: HIGH LEVEL MOBILITY ASSESSMENT TOOL

DATE.....

DATE OF ACCIDENT.....

DIAGNOSIS.....

AFFECTED SIDE LEFT / RIGHT

PATIENT  
ID  
LABEL

		SCORE					
ITEM	PERFORMANCE	0	1	2	3	4	5
WALK	sec	X	> 6.6	5.4-6.6	4.3-5.3	< 4.3	X
WALK BACKWARD	sec		>13.3	8.1-13.3	5.8-8.0	< 5.8	X
WALK ON TOES	sec		> 8.9	7.0 - 8.9	5.4-6.9	< 5.4	X
WALK OVER OBSTACLE	sec		> 7.1	5.4-7.1	4.5-5.3	< 4.5	X

# **HiMAT: High-level Mobility Assessment Tool**

## **Instructions**

**Subject suitability:** The HiMAT is appropriate for assessing people with high-level balance and